

Siddha Yoga Sangham of India

May 5, 2021

Dear Siddha Yogis,

Namaste! Shubh Baba's birthday month! We hope you and your dear ones are doing well.

I am writing on behalf of the Trustees of Siddha Yoga Sangham of India and Gurudev Siddha Peeth. During these trying and unprecedented times of the pandemic, we want you to know that we are thinking of you and sending prayers for your well-being.

The Gurukula Students in Gurudev Siddha Peeth are chanting svadhyaya and offering arati at the Bhagavan Nityananda Temple with the intention of sending blessings for the well-being of everyone on the planet.

It is heartening and inspiring to hear of Siddha Yogis across India supporting their communities in whatever way they can.

We are all united as we do our spiritual practices with the shared intention of offering our prayers and sending our blessings.

Participating in the Siddha Yoga Audio Satsang, "See the World as a Divine Play", in honor of Baba Muktananda's Birthday, has helped me feel anchored and do my best objectively. I am so grateful for the invaluable teachings from our Gurus that support us.

I pray that we all stay safe and healthy.

With love and regards,

Manju Didi Kochhar

Manju Didi Kochhar

Trustee

Siddha Yoga Sangham of India and Gurudev Siddha Peeth